

Here is How it Works

For All Twelve Months you will receive the following Five Products:

***SuperFood™** You have the option of the capsule form of this product called **Super Food Complete™** of the bulk powder form, **Simply Super Food™**.

***Super Silver Solution™** consists of particles of pure elemental silver suspended in a solution of pure water, sold in bottles with concentrations of 20 ppm. Super Silver Solution® has a patented process for killing bacteria, yet is safe for humans and pets.

***Dr. Dennis Black's Magic Tea™** This product helps detox your body when taken daily.

***ProBio Boost™** This supplement contains the necessary flora and enzymes that you need for a healthy digestive tract in one convenient capsule.

* **Omega 3.6.9™** This oil complex has healthy oils that your body needs along with the enzyme that is required for your body to use it.

Specially Scheduled Cleansing Products

Month 3 – **Cleanse Max™**

Month 6 - **YeastMax™**

Month 9 - **ParaMax™**

Month 12 – **LiverMax™** and **LiverFlush™**

Additional Services Offered:

Private Consultations (In home if Needed)
Meal Plans designed specifically for you and your specific health needs.

Assistance with Special Dietary needs – such as diabetic diet.

Free Recipes

Kitchen and Pantry Makeover



**DB DrDennis
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Hosted by Tina Tucker, CDM, FSS

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Welcome and thank you for taking the first step in Guarding the Hole in Your Face. The Guardian Group offers the leadership and expertise of Dr. Dennis Black's Master Nutritionist, Tina Tucker. Tina is a Certified Dietary Manager and Certified Nutritionist. She has worked in the Nutrition industry for over 25 years. She is knowledgeable in all aspects of Nutrition and Food Service and is also certified in Food Service Safety.

In her day to day schedule she manages a staff of 6 chefs, a dietician as well as approximately 20 additional support staff team members in order to meet the nutritional needs of nearly 400 people per day.

Tina has a life-long passion for helping people of all ages and all walks of life to accomplish their Health, Wellness and Nutritional goals. We here at **DrDennisBlack.com** are committed to helping you become **Healthy For Life**. We know you will enjoy working with Tina who will be like your own personal nutritionist and coach as part of the **Guardian Group**.



Guardian Group Services

Q&A Session – You will have time to ask health and nutrition questions that you may have as part of acquiring your new **Healthy For Life** lifestyle.

Support – The Guardian Group has been geared to serve as a support group for you in your new lifestyle by providing a group setting for networking and education. You are not in this alone!

Goal Tracking – The Guardian Group is structured to help you monitor your progress, weight, and health goals.

Personal Development – The Guardian Group teaches you how to take control of your own health and wellness.

Menu Assistance – Tina will give you diet tips, recipes and cooking tips to help you create a menu that is conducive to your healthy new lifestyle.

The **Guardian Group** is going to help to assist you in personal development. We are committed to helping you to get the most out of Dr. Dennis Black's health programs and products. Tina offers great recipes, menu options, cooking tips and steps that you can take to be a full success. The **Guardian Group** keeps you updated on new products, services and special offers from **DrDennisBlack.com**.

Healthy For Life Club

Dr. Dennis Black's new **Healthy For Life Club** has been designed to change your life.

For those who complete Dr. Black's 90-Day Program, Healthy Fresh Start, the Healthy For Life Club is a maintenance program that helps you to continue in your new wellness and lifestyle.

Many people get on diets and lose weight only to gain it all back because diets are short-term fixes. Dr. Black's program is about changing your life. You won't just lose weight, you will live **HEALTHY!**

Dr. Black's Healthy For Life Club offers:

- A monthly delivery of your essential products for a year.
- A planned and scheduled system for the necessary cleanses that promote your good health and weight control.
- Access to our Guardian Group with Certified Nutrition Professional, Tina Tucker.
- Dr. Black's book detailing the whole program and explaining lots of health issues related to diet.